



RAM LAL ANAND COLLEGE

(UNIVERSITY OF DELHI)

BENITO JUAREZ ROAD, NEW DELHI-110021

11th Sep 2018

Notice

Yoga and Meditation classes are being held in the college premises (central lawn behind make shift library) from 7.30 am to 9.00 am. Interested students may contact Dr. Seema Gupta (9891664133) or Dr. Sunila Hooda (9810473771).

Join the morning Yoga sessions to give your day a fit, powerful and energetic start.

Convener,

Dr. Seema Gupta