



**Ram Lal Anand College  
University Of Delhi  
Benito Juarez Road, New Delhi-110021**



The Departments of Microbiology and Physical Education are jointly hosting a session on Mental health Awareness and Substance Use in association with **Dr Aman Dua**, Centre for Community Medicine, AIIMS

**Day & Date: Tuesday  
the 6th of February, 2024  
Time: 1.30 pm to 3.30 pm  
Venue: Amphitheatre on First Floor**

**For students enrolled in the following VACs:**

**Fit India**

**The Art of Being Happy  
Yoga: Philosophy & Practice  
Science and Society**

**Student participants will be provided with participation certificates from AIIMS, Delhi**

**Prof Vandana Gupta  
Teacher in Charge,  
Microbiology**

**Prof Pardeep K. Sharma  
Teacher in Charge,  
Physical Education**

**Dr. M. Salome John  
Convenor, Mikrobiologika**

**Prof Rakesh K. Gupta  
Principal**