Ram Lal Anand College University of Delhi

Department of Physical Education

Semester I Internal Assessment Examination March 2022

Date Sheet

Date & Day	Time of Commencement	Batch	Paper Type	Unique Paper Code	Title of the Paper
26.03.22 Saturday	10 AM		Generic Elective	12555101	Yoga and Stress Management

Dr. Pardeep Kumar Sharma

Head, Department of Physical Education