



RAM LAL ANAND COLLEGE

University of Delhi

Yoga and Meditation Society

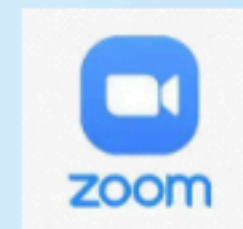
Invites you all to

750 Million Surya Namaskar
to celebrate

75 years of Independence
as "Azadi ka Amrut Mahotsav" and 75 crore
Suryanamaskar project



12th Jan- 7th Feb,
2022
7:30-8:30am



Click to Join

Ms. Shikha Verma
Co-Convenor, Yoga and Meditation
Society

Dr. Seema Gupta
Convenor, Yoga and Meditation
Society

Prof. Rakesh Kumar Gupta
Principal