

RAM LAB ANAND COLLEGE

YOGA AND MEDITATION COMMITTEE

invites you to a one day meditation session on

Mind Management

22 September, 2017

Time: 2:00 PM

Venue: Seminar Room

Speaker : Mr. Shammi Malhotra & Mrs. Pinki Malhotra

(Instructors of Advance Course in Art of Living)

Convener :

Dr. Seema Gupta

Principal :

Dr. Rakesh Kumar Gupta

