



Ram Lal Anand College  
University of Delhi



# Monthly Report November 2022



## National Service Scheme

*"Not Me But You"*

Dr. Rita Jain  
Programme Officer

Jaya Pandey  
President

Prof. Rakesh Kumar Gupta  
Principal

# E-POSTER MAKING COMPETITION

(Vigilance Awareness Week)

4 November 2022

The NSS unit of Ram Lal Anand College held an **E-Poster Making Competition** on **4th November, 2022**, with its theme "**Corruption-free India for a Developed Nation**". Close to **70 volunteers**, of whom over **30 were female**, took active part in generating awareness against corruption by creating vibrant posters and sharing them across their social media. The **best 5 posters** were displayed on the college wall. The competition was a wonderful glimpse of the volunteers' determination to promote transparency and integrity in public life.

RAM LAL ANAND COLLEGE  
UNIVERSITY OF DELHI  
NATIONAL SERVICE SCHEME

**VIGILANCE AWARENESS WEEK-2022**  
**4TH NOVEMBER 2022**

**E-POSTER MAKING COMPETITION**

Prepare a poster on the theme of  
"Corruption free India for a developed nation"  
Send your entries to [nssrla.du@gmail.com](mailto:nssrla.du@gmail.com)

**SHOUT OUT TO TOP-5 WINNERS AND WILL BE DISPLAYED IN COLLEGE CAMPUS**

[f](#) [y](#) NSS RAM LAL ANAND COLLEGE [i](#) @NSS\_RLAC [t](#) NSSRLAC

Dr. Rita Jain Programme Officer    Jaya Pandey President    Prof. Rakesh Kumar Gupta Principal

VIGILANCE AWARENESS WEEK  
Corruption is Authority plus Monopoly  
minus Transparency

**WRONG**

भ्रष्टाचार खत्म करो

CORRUPTION

Dr. Rita Jain Programme Officer    Jaya Pandey President    Prof. Rakesh Kumar Gupta Principal    Thiruvai Chakki

RAM LAL ANAND COLLEGE  
UNIVERSITY OF DELHI  
NATIONAL SERVICE SCHEME

**SAY NO TO CORRUPTION**

Speak up for the lives that corruption has silenced, else tomorrow it will silence you too!!  
#corruptionfreendia

Dr. Rita Jain Programme Officer    Jaya Pandey President    Dr. Rakesh Kumar Gupta Principal



# HANDMADE POSTER MAKING COMPETITION

(National Cancer Awareness Day)

7 November 2022

RAM LAL ANAND COLLEGE  
University of Delhi  
NATIONAL SERVICE SCHEME

NATIONAL CANCER Awareness Day  
07th November 2022

HANDMADE POSTER MAKING COMPETITION

Theme - Close the Care Gap

OPEN TO ALL RLAC STUDENTS

Venue Seminar Hall Time 12PM - 1:30PM E-Certificates For all participants

EXCITING GIFTS FOR WINNERS!!!

Scan the QR Code to Register Now!

NSS RAM LAL ANAND COLLEGE @NSS\_RLAC NSSRLAC

Dr. Rita Jain Programme Officer Jaya Pandey President Prof. Rakesh Kumar Gupta Principal



The National Service Scheme unit of Ram Lal Anand College, University of Delhi, organised an **Intra-College Handmade Poster Making Competition** on **7 November, 2022** in the college's **Seminar Hall** at **12 noon**.

The unit received **90+ registrations** of which **52** marked their participation. An absolute **26 female** volunteers stepped forward and painted their canvases in varying shades of creativity.

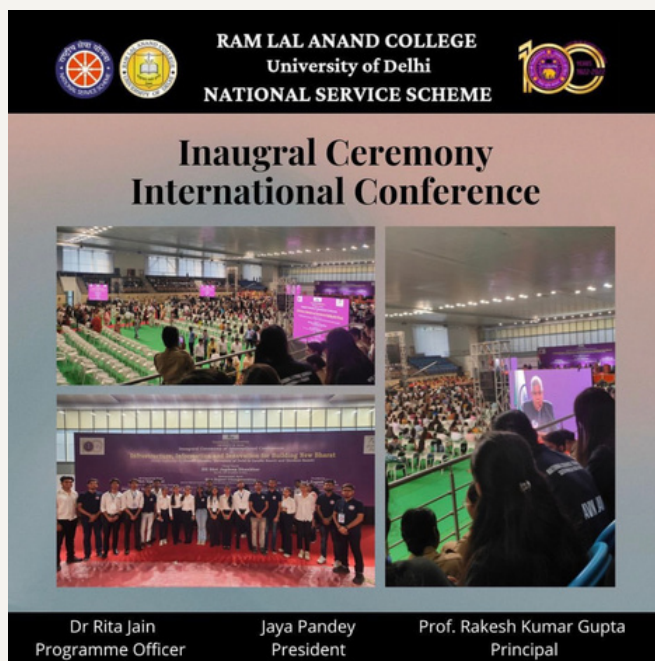
While the top 3 winners were awarded **Certificates of Appreciation and prize gifts**, **e-certificates** were awarded to all the participants. The competition ended on an informed and empathic note, with every participant sharing a new piece of knowledge about various forms of Cancer that prevail in the society.

# INAUGURAL CEREMONY

(International conference)

10 November 2022

On **10th November 2022**, **21 volunteers** from the NSS unit of Ram Lal Anand College took part in the **Inaugural Ceremony** of the "**International Conference on infrastructure, information, and innovation for building New Bharat**" and were able to undertake a memorable experience.



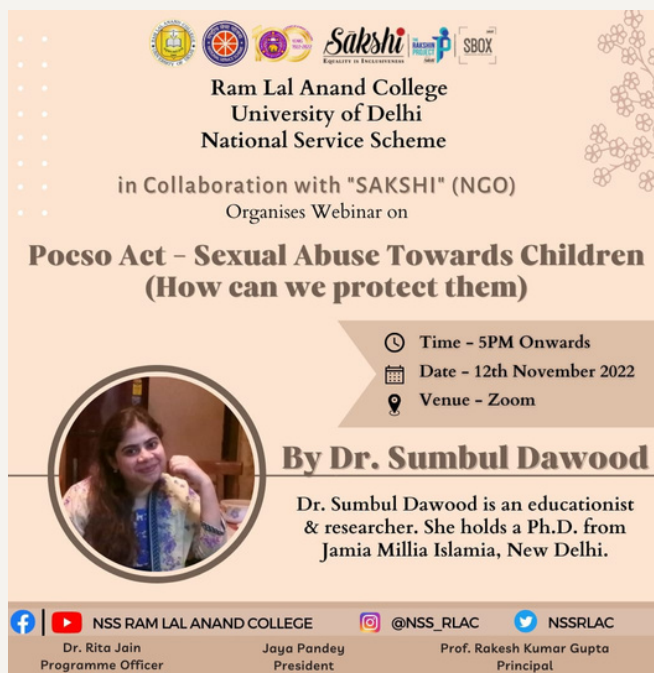
The event was blessed with the presence of the honourable Vice President of India, **Shri Jagdeep Dhankhar** as the Chief Guest, the special guests included Minister of State for Skill Development & Entrepreneurship & Electronics and Information Technology, **Mr Rajeev Chandrashekhar** and the Vice Chairman of Gandhi Smriti and Darshan Samiti, **Shri Vijay Goel**. Presided by the Vice Chancellor of University Of Delhi, **Prof Yogesh Singh**.



# POCSO ACT

(Sexual Abuse Towards Children)

12 November 2022

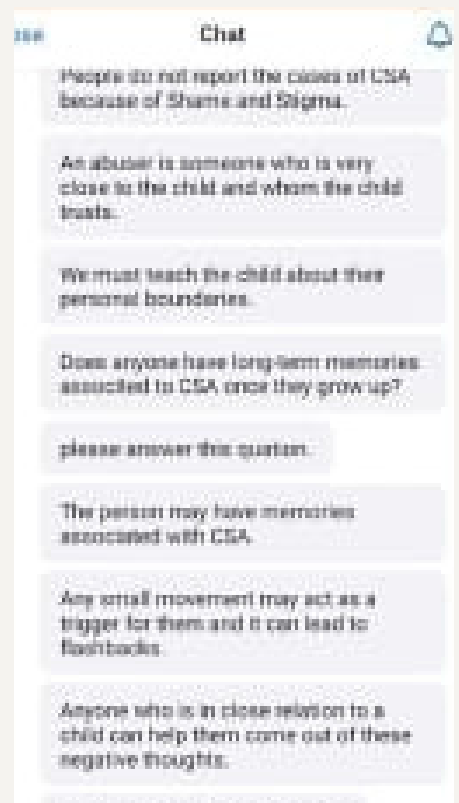


The poster features logos for Ram Lal Anand College, University of Delhi, National Service Scheme, Sakshi, and SBOB. It states the event is in collaboration with "SAKSHI" (NGO) and is titled "PoCSO Act - Sexual Abuse Towards Children (How can we protect them)". The speaker is Dr. Sumbul Dawood, an educationist and researcher with a Ph.D. from Jamia Millia Islamia. The event is on 12th November 2022 at 5 PM onwards via Zoom. Social media handles for NSS Ram Lal Anand College, @NSS\_RLAC, and NSSRLAC are provided, along with the names of the Programme Officer, President, and Principal.



Child sexual abuse is significant but preventable adverse childhood experience. For putting light to this issue, NSS unit of Ram Lal Anand college collaborated with **Sakshi NGO** and an event was organised on **12th November at 5:00 pm** on an online platform. The theme was **POCSO Act: sexual abuse towards children.**

**Dr. Sumbul Dawood** graced the webinar by her presence as she explained the concept and how it can be prevented. She also discussed the ways we can report it. Nearly **110+ volunteers** of which **52 being females** participated with a spirit of bringing change and the event was a huge success.

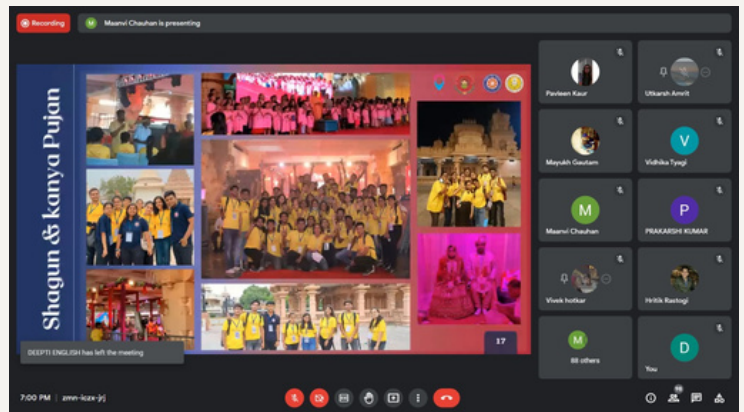


# ORIENTATION

(Welcome Freshers!)

13 November 2022

The National Service Scheme unit of Ram Lal Anand College, University of Delhi held its **Orientation Program 2022-23** for the first-year students on **13th November 2022** from **6:30 PM onwards**.



The orientation was conducted virtually over **Google Meet** with an aim to encourage the new students of RLAC towards the spirit of volunteerism enhanced by joining the unit. A **live Question-&Answer session** was kept near the end of the orientation to clear any queries the viewers had.

**Over 125 students** attended the event. It imbibed its very trademarks of zeal, consistent quality, and flawless execution.



The session was organised under the guidance of the college **Hon'ble Principal Prof. Rakesh Kumar Gupta** and **NSS RLAC Programme Officer Dr. Rita Jain** marked a successful beginning of another year of NSS in the eyes of the first-year students.





# NUKKAD NATAK

(Drug Abuse-Nasha Mukt Bharat Abhiyaan)

14 November 2022

The NSS unit of Ram Lal Anand college organized a **Nukkad Natak** on the topic of “**drug-de-addiction**” under **Nasha Mukt Bharat Abhiyan** which was launched by the government in order to tackle the uprising number of drug abuse in India.



RAM LAL ANAND COLLEGE  
UNIVERSITY OF DELHI  
NATIONAL SERVICE SCHEME

Presents

## NUKKAD NATAK:

नशा मुक्ति प्रदर्शन

on

### DRUG ABUSE

(NASHA MUKTI BHARAT ABHIYAAN)

November 14, 2022

College Campus 1-2pm  
& JJ Colony 2-4pm

NSS Ram Lal Anand College @NSS\_RLAC @NSSRLAC

Dr. Rita Jain Programme Officer  
Jaya Pandey President  
Prof. Rakesh Kumar Gupta Principal

The natak took place at the college premises (1-2 pm) and JJ Colony (2-4pm) on 14th November 2022, where the volunteers showcased their talent and undeniable charm, specially at the moment when they chanted “**Hosh mai aao, Hosh mai aao!!**”.

At the end **22 volunteers** including **12 females** received their well deserved applause.



# STATIONARY DONATION DRIVE

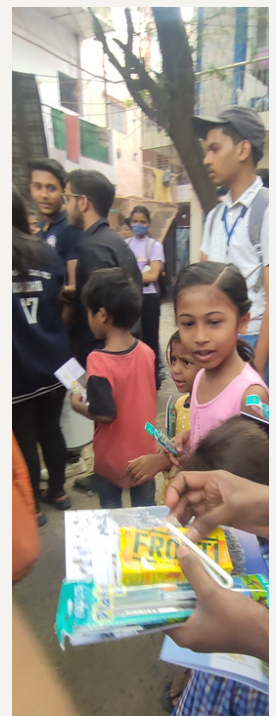
(Children's Day)  
14 November 2022

*"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow."*



NSS Unit of Ram Lal Anand College, on the mark of **133rd** birth anniversary of **Pandit Jawaharlal Nehru Ji**, organized a **Stationery Kit Donation Drive** on **14th November** to give underprivileged children the right tools to carve out their futures.

Volunteers took the charge to provide stationary supplies like notebooks, pencils, erasers, rulers, drawing kits, etc to children of **JJ colony, South Moti Bagh** from **2:00 pm to 4:00 pm** under the guidance of programme officer **Dr. Rita Jain**. More than **70** volunteers gave their part including **32** female volunteers..





# DECLAMATION ROUND

(National Press Day)  
16 November 2022

Press is the soul of democracy. On the occasion of **National Press Day**, the NSS unit of Ram Lal Anand college organised an **Intra college Declamation Round** on the subject of "**Journalism Under Digital Siege**" to honour the journalists who search for truth and give it a light. The event was organised on **16th November** at **1:30 pm** in the **seminar hall**.



To acknowledge the winners **cash prizes** were given alongwith a **certificate of appreciation** was provided. All other participants were given E-certificates. The **winner** was **Niharika Singh** and the **runner up** was **Lakshya Gupta** both from **BJMC** department. 10

# CENTENARY RUN

(Fit India)

18 November 2022



The poster for the University of Delhi Centenary Run features the following elements: a circular logo on the top left celebrating the 100th anniversary (1920-2022); the 'FIT INDIA' logo in the top center; the Indian national flag and the motto 'आजादी का अमृत महोत्सव' on the top right; the event title 'UNIVERSITY OF DELHI CENTENARY RUN' in large purple and white letters; the date '18th November 2022' in a purple oval; an illustration of four runners in various colored athletic wear; a QR code for registration; the text 'Supported by: ATHLETICS FEDERATION OF INDIA' with the A.F.I. logo; a purple banner with the text 'Register before 7th November 2022!'; the venue 'Venue : University Sports Complex Ground, North Campus'; the timing 'Timing : 8.30 AM'; and a final instruction: 'Kindly scan the QR code given above for registration Certificates and T-Shirts for all the registered participants!'.

In another installment of its series of events held to commemorate its centenary, the University of Delhi (UoD) organised its inaugural edition of **Centenary Run** on **18 November, 2022** at the **University Sports Complex Ground** in North Campus from **08:30 AM onwards**. Volunteers reached the venue at **07:00 AM**, and volunteered for the T-shirt distribution. Afterwards, they attended the opening speeches of the panelists including **Prof. Yogesh Singh** and **Mr. Neeraj Chopra**.

**Over 15 volunteers, including 5 females** represented the NSS unit of Ram Lal Anand College to take part in this healthy way of celebrating. The volunteers also helped **4 PwD students** to take part in the event.

The run was **4.5 km** long. The event came to a healthy and successful end by noon between **12:00-12:30 PM**.





# DIGITAL SLOGAN WRITING EVENT

(World Toilet Day)  
19 November 2022

RAM LAL ANAND COLLEGE  
University of Delhi  
NATIONAL SERVICE SCHEME

**WORLD TOILET DAY**  
19th November, 2022

**Theme:**  
**Tackling the Global Sanitation Crisis**

Prepare a slogan post/story, making people aware of the sanitation crisis through social media platforms

Submit your posts screenshots to [nssrla.du@gmail.com](mailto:nssrla.du@gmail.com)

Tag NSS RLAC social media handles

NSS Ram Lal Anand College | @NSS\_RLAC | @NSSRLAC

Dr. Rita Jain, Programme Officer | Jaya Pandey, President | Prof. Rakesh Kumar Gupta, Principal

A total of **75 volunteers** participated out of which **32** were **females**.

शौचालय को अपनाना है,  
भारत को स्वच्छ बनाना है।

Deepak Singh Rawat  
BMS 2ND YEAR 6580

Every **19 November**, the world comes together for **World Toilet Day**, to celebrate toilets and raise awareness about the fact that **4.2 billion** people live without access to safely managed sanitation. To inspire actions the National Service Scheme (NSS) Unit of Ram Lal Anand College organised **Digital slogan writing event** in light of the **World Toilet Day on 19th November 2022** on the theme "**Tackling the Global Sanitation Crisis**".

WORLD TOILET DAY  
19 NOVEMBER

HAVING A TOILET IS NOT A LUXURY,  
IT IS A NECESSITY.

TOILETS THIS WAY

The biggest mistake that we do is to take the important of toilets very lightly. The occasion of World Toilet Day wakes up towards the importance of sanitation

Made by: Tanjeed athar, BMS 2nd year

# FEEDING STRAY ANIMALS AND BIRDS

26 November 2022

Stray animals never get enough food and are constantly hungry as well as thirsty and are seen scavenging the garbage dumps just to get mouthful.

Thus to help these poor souls, the NSS unit of Ram Lal Anand College, University of Delhi organised a voluntary event 'Feeding Stray Animals and Birds' on 26th November 2022.



The volunteers were asked to feed at least 2 stray animals and birds around their locality. The activity was remote, and **45 volunteers - 27 female** shared geo-tagged images of themselves feeding an array of stray animals. These images offered a peek into their unyielding compassion, understanding, patience, and ability to take initiative to help anyone in need.





# PLEDGE TAKING

(Constitution Day)

26 November 2022

*In this era of wars and pain,  
Should we really be ones to fight?  
Or should we work out our differences  
again?*

*Come on, stand up and unite!*

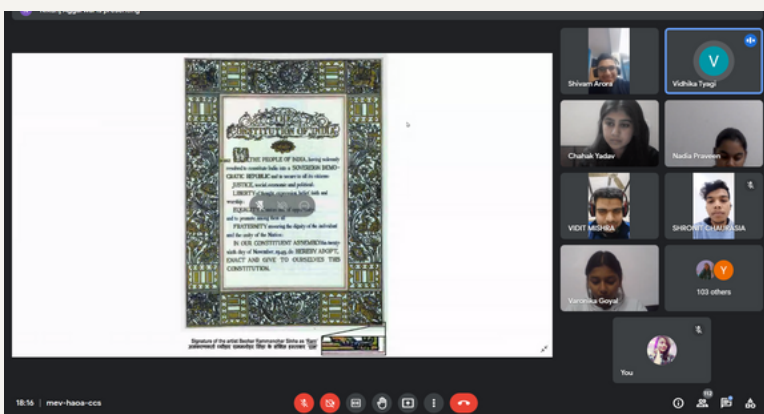
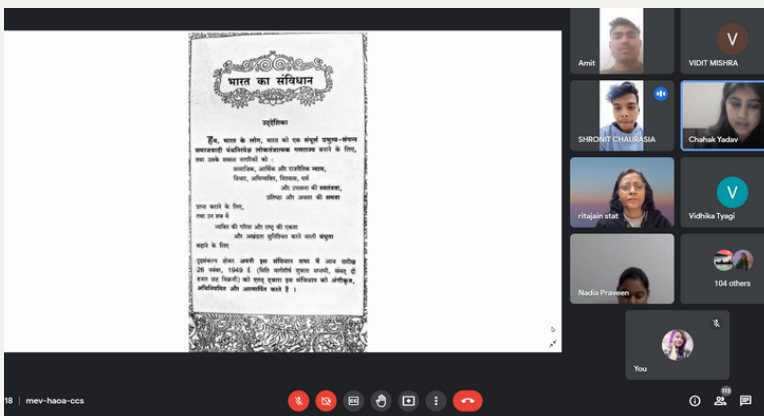
Constitution is the soul of a democratic nation and its basis to be governed. It is the most vital part of democracy. India has now been democratic for **75 years** and it adopted the constitution on **26th November 1949**.



To celebrate the birth of Indian constitution, NSS unit of Ram Lal Anand College organised 'A pledge that unifies'. The pledge taking was conducted on **Google Meet at 6 pm**.

A total of **180 volunteers** of which **88 were females** recited the **Preamble of India** which was the main activity of the event.

The event was successful as patriotism was inculcated in every participating volunteer.



# ORIENTATION PROGRAM

(Welcome Volunteers)

27 November 2022



RAM LAL ANAND COLLEGE  
University of Delhi  
NATIONAL SERVICE SCHEME

organises

**ORIENTATION PROGRAM**

for the volunteers of batch 2022-23

**GUEST**

**DR. RITA JAIN**  
(NSS RLAC PROGRAMME OFFICER)

SUNDAY 27 NOV 2022 TIME 6:00 PM

GOOGLE MEET

NSS RAM LAL ANAND COLLEGE @NSS\_RLAC NSSRLAC

Dr. Rita Jain Programme Officer  
Jaya Pandey President  
Prof. Rakesh Kumar Gupta Principal

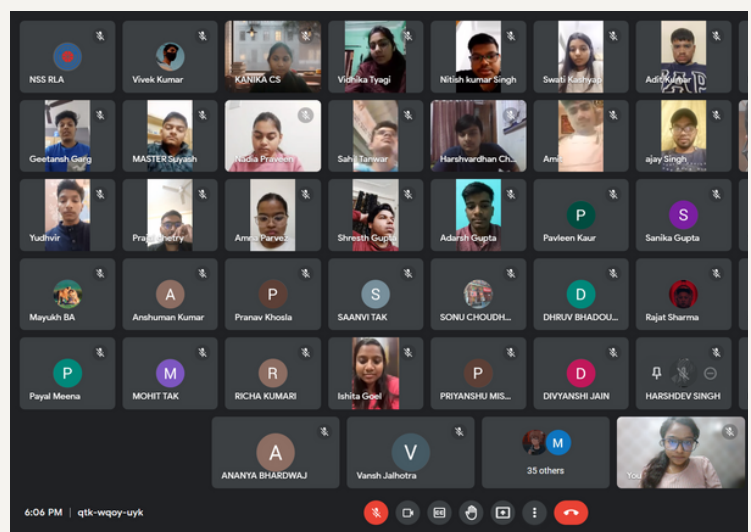
The NSS Unit of Ram Lal Anand College, University of Delhi, organised an orientation program for all the newly recruited volunteers of **Batch 2022-23**.

It took place in **online mode** through **Google Meet** on **27th November 2022** from **6 PM onwards**.

Over **160 volunteers** joined the event and marked the beginning of their new fulfilling endeavor with NSS RLAC.

The Chief Guest for this event was NSS's Programme Officer **Dr. Rita Jain**. She graced the event with her esteemed presence and enlightened the volunteers with her valuable guidance.

It was made mandatory for all the volunteers to attend the meeting so as to celebrate "**The spirit of selflessness and social service**".



The existing members shared their experiences with the newly recruited volunteers and the volunteers expressed their will and motive to join NSS.



# CHANAKYA


(A film by 'Dharmajam' team)

30 November 2022



On the occasion of its Centenary Celebration  
Culture Council  
University of Delhi  
Organises

**CHANAKYA**  
(A PLAY BY 'DHARMAJAM' TEAM)  
DIRECTED BY MANOJ JOSHI



Date: November 30, 2022 (Wednesday) at 5:00 PM  
Venue: Rugby Stadium, Sports Complex, University of Delhi

Entry by Invitation card only

For invitation card and details contact office of the Culture Council, University of Delhi.  
Invitation cards are also available at the Principal's office of the following Colleges.

1. Hansraj College	5. Ram Lal Anand College
2. Hindu College	6. Zakir Husain Delhi College
3. Aditi Mahavidyalaya	7. Jaeki Devi Memorial College
4. Shaheed Bhagat Singh College	8. Bhagini Nivedita College

On **30th November 2022**, the NSS Unit of Ram Lal Anand College joined for Delhi University's centenary celebration in the “play **Chanakya** by **Dharmajam Team** directed by **Manoj Joshi**.

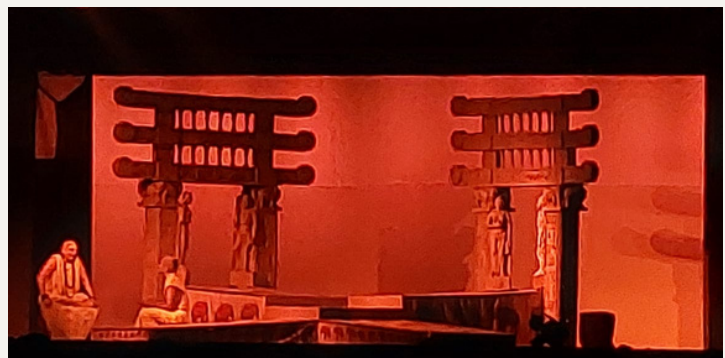
Duty briefing of the event took place one day before i.e. 29 November 2022.

Volunteers left their homes at 12.30 p.m. and had lunch at 2 p.m. at the

Administrative Canteen of University of Delhi. It was a **3-hour play** begun at **5 p.m.**

**5 volunteers** from NSS RLAC volunteered and this made the surrounding and aura more happening.

3 of the volunteers of NSS RLAC got a chance to meet the **Vice Chancellor of University of Delhi** during the intermission of the play. The volunteers had a beautiful & joyful experience



# EDUCATION CAMP

15 November to 30 November 2022



From **15th November 2022**, the NSS unit of Ram Lal Anand College organized an **Education Camp** under the **Project Shiksha Darpan** for the unprivileged children in **JJ Colony**.

The camp lasted for **2 weeks** and (**3-5pm**) each day was assigned for certain subjects like **Social science, English, Science, Maths, Hindi** and on last day, the volunteers made sure to teach children about **moral values and ethical conduct** such as **Women safety, First Aid, Voting, Drug abuse, etc.**

The camp was not only beneficial for the children but also for their parents and the volunteers themselves as they got an opportunity to study and experience the lives of the people living in slum.

The NSS volunteers gave their passionate service for the children who were eager to learn.

