



Women Welfare Advisory Committee Annual Report (2021-22)

The Women Welfare Advisory Committee of Ram Lal Anand College, University of Delhi, has worked with the aim of equality and unity amongst all genders and the development of students by providing them a safe space for a healthy discussion and a platform to showcase their skills and thoughts on various issues that matter today.

The session, covered under the period of **August 2021-May 2022**, bore witness to a multitude of events conducted by the committee.

The following were the teacher members and office bearers for the session:

Society Convenor - Prof. Vandana Gupta

Teacher Members -

Dr. Sudha Chaudhary

Dr. Seema Joshi

Mr. Taha Yasin

Dr. Pragya Shankar

President - Muskan Negi

Vice-President - Sweta Tanwar

Secretary - Anisha Kumari

Joint-Secretary - Bhavi Jain

Treasurer - Ruparna Chakravarty

Cartoon/Collage/Slogan/Poster Making Competition

16 August 2021

Nature of the Event – Intra-College

Date and Duration – XX/YY/ZZ

Venue – Online

Winners

Name of the Student (RLA/Non-RLA)	Category
Neha Gupta	Poster Making
Akshit Kumar	Slogan Writing
Zeegyasa	Collage Making

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Event Summary

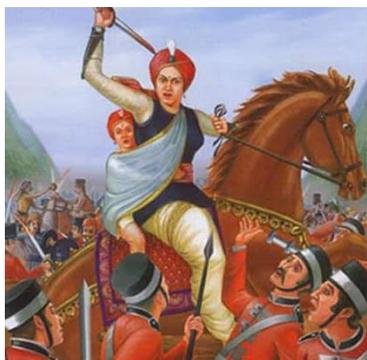
The session August 2021- May 2022 began grandly with **Azadi ka Amrit Mahotsav** to commemorate 75 years of independence. WWAC organized a Cartoon/Collage/Slogan/Poster making competition. The **theme** was: **Role of Women in India's Independence**. The event was a huge success. A lot of students participated and winners were announced.

Funding Received

INR 3000, from college.



Representative Pictures



Webinar on Breast Cancer Awareness

29 October 2021

Nature of the Event – Open for everyone

Date and Duration – 29th October 2021, 2 hours

Venue – Online

Participating Students

Name of the Student (RLA/Non-RLA)	Occupation
Muskan	Student
Ruparna Chakravarty	Student
Tushar Sharma	Student
Tanvi Mahajan	Student
Soumya Bhayana	Student
Shivani	Student
Sakshi Sinha	Student
Shivani Sapra	Student
Shreya Nayak	Student
Ayushi	Student
Jatin Manchanda	Student
Sumana Saha	Student
Khushi Gelera	Student
INSHA KHAN	Student
Ritisha Dhapola	Student
Ritu Choudhary	Student
Kanika Bhoj	Student
Aditi Panwar	Student
Simran Yadav	Student
Anjali	Student
Mehak Takkar	Student
Riya Karma	Student
Agrim Sharma	Student
Sanskriti Semwal	Student
Melisha	Student
Pakhi Agarwal	Student
Cia Sidana	Student
Tivisha Singla	Student
Tushita Barua	Student

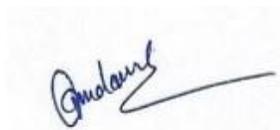
Rishabh	Student
Priyansh	Student
Thanisha Kaushik	Student
Tripti Kaushik	Working professional
Sachin Pal	Student
Ragini Arora	Student
Divyanshi	Student
Chhaya jain	Parent
Pavi Dixit	Student
Kajal Negi	Student
Ishika Agarwal	Student
Anshika	Student
Neha	Student
Muskan Chaudhary	Student
Priyam	Student
SHIVAM MISHRA	Student
SHIVAM MISHRA	Student
Chahat Gupta	Student
Kajal rana	Student

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Invited Speaker

Dr. Shubha



Event Summary

To raise awareness about breast cancer, we organized a webinar. The guest speaker was Dr. Shubha Sinha. She is a trained Breast Cancer Surgeon from TATA memorial Hospital, Mumbai and trained Oncoplastic from European Society of Surgical Oncology. This webinar was an open webinar, i.e., anyone could join the webinar and thus received an overwhelming response. It helped us know more about our bodies and breast cancer. Dr. taught us how to self-examine and that it's important to get treatment in early stage. Along with that, several informative posts were shared on Instagram regarding breast cancer.

Event Feedback

Remarks

20 responses

It was a wonderful talk. Please do organise such talks in the future!

Very informative session. Learnt a lot of new things didn't know before.

The talk was very informative

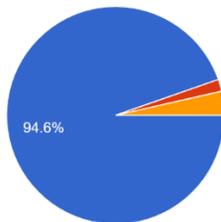
Good experience. Love to be a part in future as well.

Very Informative session

Very nice and interesting

Choose

56 responses



● Student
● Parent
● Working professional

Representative Pictures

WOMEN WELFARE ADVISORY COMMITTEE
RAM LAL ANAND COLLEGE, DU

presents **#BeBreastAware**

AWARENESS TALK

By **DR. SHUBHA SINHA**

29th Oct, 2021
4:00 pm onwards

Google Meet

E- Certificates to all.

DR. VANDANA GUPTA (Convenor) | **DR. RAKESH KUMAR GUPTA** (Principal)

Muskan Negi (President) : 9899873713
Bhavi Jain (Jt. Secretary) : 8447545247

WOMEN WELFARE ADVISORY COMMITTEE
RAM LAL ANAND COLLEGE, DU

EARLY SIGNS OF BREAST CANCER IN WOMEN INCLUDE -

- Changes in the shape of the nipple.
- Breast pain that doesn't go away after your next period.
- A new lump that doesn't go away after your next period.
- Nipple discharge from one breast that's clear, red, brown, or yellow.
- Unexplained redness, swelling, skin irritation, itchiness, or rash on the breast.
- Swelling or a lump around the collarbone or under the arm.

Shubha Sinha is presenting

Breast Cancer Risk Factors that cannot be changed

SENDER - All women are at risk

- Age
- Reproductive History
- Menstrual History
- Genetic Factors
- Radiation
- Race
- Treatment with DES
- Family/Personal History

4:26 PM | zmr-qdho-050

Elimination of Violence Against Women

25 November 2021

Nature of the Event – Intra-College

Date and Duration – 25 November 2021, 24 hours

Venue – Online

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Event Summary

25th November marks Elimination of Violence Against Women. Several posts and reels regarding domestic violence and what steps could be taken to stop domestic violence and help someone who went through it were shared.

Representative Pictures



WWAC Members Recruitment 2021-2022

10 January 2022

Nature of the Event – Intra-College

Date and Duration – 10th January, 2022

Venue – Online/Google-Meet

Participating Students

Name of the Student (RLA/Non-RLA)	Programme	Year
Deepak Singh Rawat	BMS	2nd
Sneh Priya	Bsc.(H) Microbiology	2nd
Ritika Pandey	BA (H) Political Science	2nd
Shelja Agarwal	Bsc.(H) Microbiology	3rd
Prakarshi Kumar	BA (H) Political Science	2nd
Pranav Gandhi	BA (H) Political Science	2nd
Eyana Rawat	BA prog (Eco+Maths)	2nd
Adya V Minaxi	BA (H) Political Science	2nd
Santosh Kumar Maharana		2nd
Anisha Shahani Khulakpam	BA prog (Eco+Maths)	2nd
Abhishek Gupta	Bsc.(H) Statistics	2nd
Ayushi Mishra	BA (H) History	3rd
Javeria Hameed	BA (H) Political Science	2nd
Mohit Tak	BA (H) History	2nd
Aryan Shokeen	BA (H) Hindi	3rd
Ananya Jaiswal	Bsc.(H) Statistics	2nd
Monifa Noor	BA (H) Political Science	2nd
Divya Gupta	Bsc.(H) Mathematics	3rd
Laavanya	Bcom Hons.	3rd
Khushi Rajgyan	Bsc.(H) Statistics	2nd
Divyanshi Jain	Bcom Hons.	2nd

Title of Talks

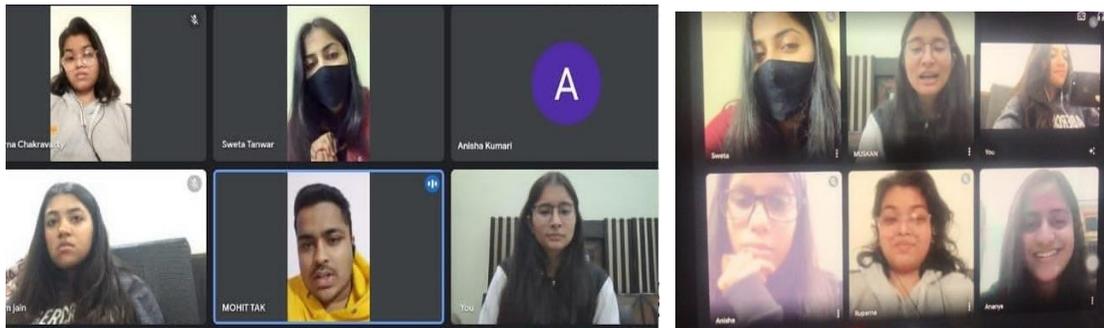
Content writing, Graphic design and Social Media handling.



Event Summary

WWAC- Women Welfare Advisory Committee of Ram Lal Anand College conducted auditions for their recruitment process for the year 2021-2022. The event took place in two successful stages i.e., Audition round and PI round respectively before the final list of recruited members came out.

Representative Pictures



Webinar on Mental Health

30 January 2022

Nature of the Event – Open for everyone

Date and Duration – 30th January 2022

Venue – Online

Participating Students

Name of the Student (RLA/Non-RLA)	Occupation
Muskan	Student
Anjali	Student
Kanika	Student
Anisha	Student
Tripti Kaushik	Working Professional
Shivani	Student
Tushar Sharma	Student
HITESH KUMAR	Student
Sachin Pal	Student
Simran	Student
Agrim Sharma	Student
Sumana Saha	Student
Namrata	Student
Sakshi Agarwal	Student
Harshjot kaur	Student
Shreya Chowdhury	Student
Pavi Dixit	Student
Vanshika Saraswat	Student
Kirti Kumari	Student
Diva Dhingra	Student
Bhavya khandelwal	Student
PRAKARSHI KUMAR	Student
Amulya Gupta	Student
Veebhadra Rajshekhar Hanjagi	Student
Akshita Singh	Student
Harsh Panwar	Student
Urvashi Kuhad	Working Professional
ARYAN SHOKEEN	Student
Thanisha Kaushik	Student

Trisha gupta	Student
Trisha gupta	Student
Deepak Singh Rawat	Student
Ritika Pandey	Student
Eyana Rawat	Student
Prachi Kumari	Student
Shubham Sharma M	Student
Deeksha	Student
Santosh Kumar Maharana	Student
Atul Khandelwal	Student
Sanskriti Semwal	Student
Soumya	Student
Tanvi Mahajan	Student
Veerbhadra Rajshekhar Hanjagi	Student
Tivisha Singla	Student
Ananya	Student
Divya Gupta	Student
Sachin Katariya	Student
Tamjeed Athar	Student
Dhruv Goyal	Student
Aadish Kesharwani	Student
Ritika	Student
Aleena Sinha	Student
Diksha Bhardwaj	Student
Kh Gulshum Albin	Working Professional
Khushboo Bishnoi	Student
Inayat Vats	Student
Bhagyashree Beura	Student
Khushboo Bishnoi	Student
Megha	Working Professional
Anshul Singh Chouhan	Student
Anamika Chaudhary	Student
Sumedha Bhatia	Student
Happy Keshari	Student
Baishali Mukherjee	Student
Sukhwinder Kaur	Student
Sukhwinder Kaur	Student
Shruti Lekshmi S	Student
Pratiksha Sawant	Student
Nitish Kumar	Student

Nikhil dhiman	Student
anshika	Student
Sreelakshmi V P	Student
Rishu Issar	Student
Utkarsh	Student
Priyanka Yadav	Student
Niraj Upadhyay	Student
Abhilipsa acharya	Student
Thounaojam Anupama Devi	Student
Niharika Agarwal	Student
Riya Goswami	Student
ARUN SHAJI	Student
Shweta Singh	Student
Sonali	Student
Shubham Rana	Student
Ritika Ritika	Student
Priyanka Deshpande	Working Professional
Navneet kaur	Student
Ashmit Kumar	Student
Anamika Chaudhary	Student
Madhu	Student
Sanasam Jashola	Student
Vinayak Mishra	Student
Shreya jain	Student
Akarshit Singh Chauhan	Student
Divya Tiwari	Student
Bhagya sood	Student

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Invited Speaker

Captain (Dr.) Sunaina Singh



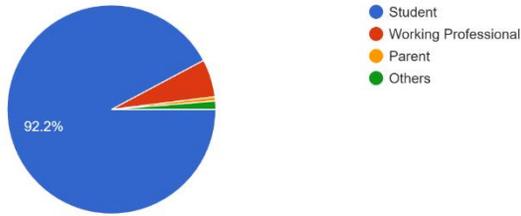
Event Summary

We organized a webinar on mental health with Capt. Dr. Sunaina Singh who is an ex army officer, ex-professor (University of Delhi), certified life coach & motivational speaker. The event was a

huge success with more than 100 participants. The webinar was really informative and left us all feel stress free and light hearted.

Event Feedback

Choose
154 responses



Remarks

33 responses

10/10

excellent talk

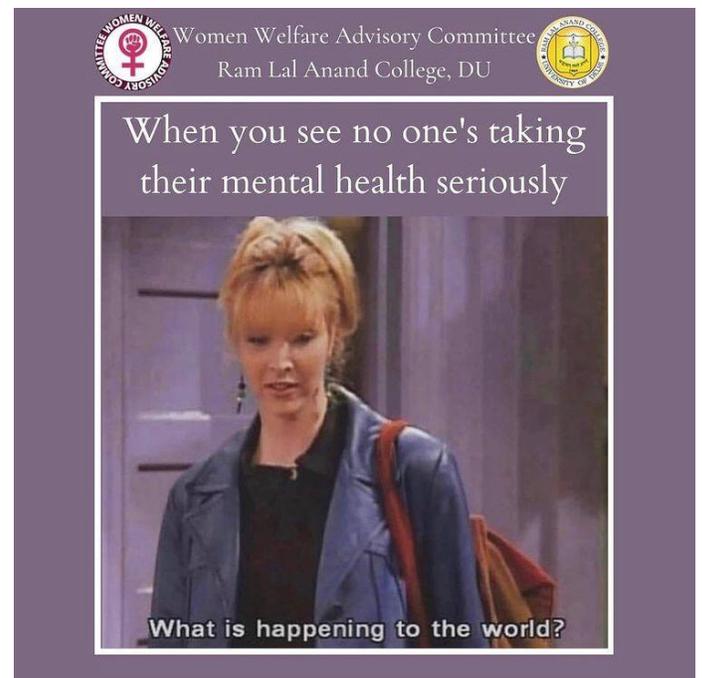
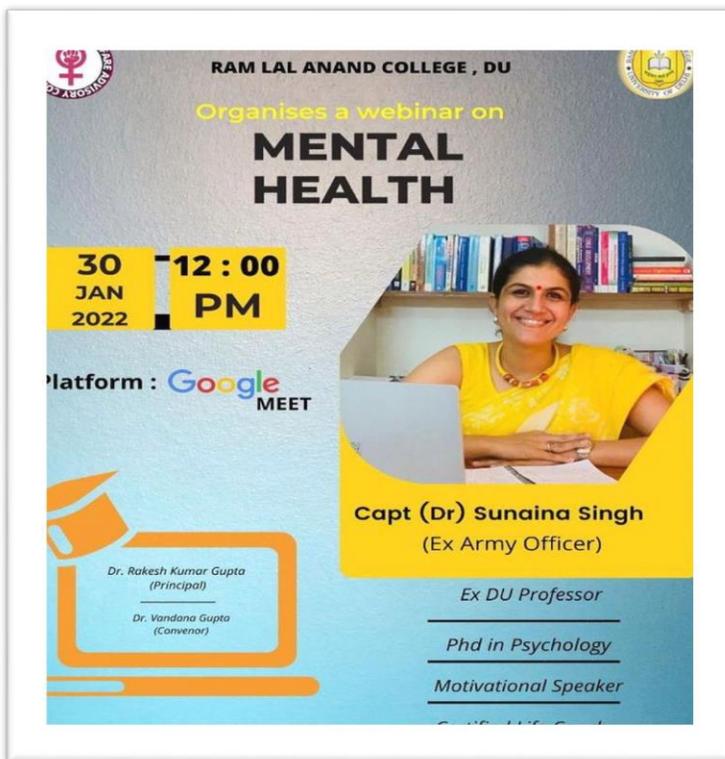
Really an eye opener!

Such an eye opening session. Usually, there is a lot of stigma attached to mental health. But it is of the utmost importance. Really much needed!!

Excellent

Keep going with these type of events

Representative Pictures



Self-Defence Workshop

February 2022

Nature of the Event – Intra-College

Date and Duration – 28th February 2022-7th March 2022

Venue – Offline, college premises

Participating Students

Name of the Student (RLA/Non-RLA)	Programme	Year
Adishi Agrawal	Bsc Statistics Hons	2 year
Divya Dhingra	BMS	1 year
Shailja Sharma	B.Sc(H) Mathematics	2 year
NIKITA PATHANIA	bsc honours computer science	1 year
Purvi	Bsc.Mathematics.Hons.	2 year
Riya mittal	Bcom(program)	1 year
Divya Gupta	B. Sc(Hons) Mathematics	2 year
SIDDHI DATRI	B.sc Computer science (H)	2 year
DEVANSHI SHARMA	BA(Prog)	3 year
Yukti Grover	B.Sc(H) in CS	2 year
Anisha Shahani Khulakpam	BA Program	1 year
Shivani Bahera	Ram Lal Anand college	1 year
Khushi Rajgyan	B.Sc. Statistics Hons.	1 year
shradha chauhan	BA from history honours	1 year
Chingakhm Lily Chanu	BA Programme	2 year
Chingakhm Lily Chanu	BA Programme	2 year
Akshita Singh	BSc. (H) Microbiology	2 year
Khushi	B.A Programme	1 year
Nandini Tomar	Microbiology	2 year
Sumana Saha	Bsc Hons Microbiology	2 year
Sanaya Singh	B.com program	1 year
Sanskriti Semwal	BA Hons History	2 year
Khushi	BSc.(H) Microbiology	2 year
Abhaya Shivam	Bsc geology honours	1 year
Muskaan Arora	Bsc. Hons statistics	2 year
Himanshi Chopra	BA HONS ENGLISH	1 year
Melisha	B.Sc.(H) Microbiology	2 year

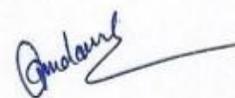
Tanisha Garg	BSc Microbiology Hons	2 year
Ritika	Bsc. (H) Microbiology	2 year
Aarti Kapoor	Bsc(H) mathematics	2 year
Simran	B.Sc. (H) Microbiology	2 year
Sapna Kapoor	Bsc(H) Mathematics	2 year
Ankita Yadav	BSC Hons Mathematics	2 year
Ayushi	B.sc. (H) Microbiology	2 year
Ayushi	bsc hons microbiology	2 year
Riya Devi	B.SC(Hon's), Mathematics	2 year
Bhawika Sah	Bsc Hons Mathematics	2 year
Ayushi Mishra	History honours	2 year
Srishti Jaiswal	BA history hons	2 year
Kashish Hans	BA History Hons	2 year
Riya Singh	Bcom programme	1 year
Utpreksha Verma	Bcom program	1 year
Kirti Rawat	Bsc computer science honors	2 year
Meenakshi Pant	Bjmc	1 year
Rashmi	BJMC	2 year
Azra Fayaz	Bsc Hons Microbiology	1 year

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Invited Speaker

Delhi Police



Event Summary

WWAC RLAC grabbed a tremendous opportunity during the ending part of winter. A self-defence workshop for RLAC girls was conducted in collaboration with Delhi police. The 8 days-long training was conducted from 28th Feb till 7th March for an hour each day in the front lawn. Fortunately, it turned out to be a grand success since a huge number of girls came up for the training. Girls learned various tricks and tips besides kicks and punches to be able to defend themselves. And certificates were distributed to all the participants on the completion of the training.

Representative Pictures

 **WOMEN WELFARE ADVISORY COMMITTEE**
RAM LAL ANAND COLLEGE, DU 

in collaboration with
DELHI POLICE
presents

SELF DEFENCE WORKSHOP

Only for RLAC Girls

Date - 28th Feb to 7th March
Time - 3:00 PM to 4:00 PM
Venue - Front Lawn

Certificates will be provided on completion of the workshop.

OFFLINE REGISTRATIONS
FRIDAY, 25TH FEBRUARY
Till 3 PM

ONLINE REGISTRATIONS
Till Sunday 6 PM


Register here

Dr. Vandana Gupta
(Convenor)

Dr. Rakesh Kumar Gupta
(Principal)



Women's Day (Open Mic + Wall)

8 March 2022

Nature of the Event – Intra-College

Date and Duration – 8th March 2022, 09 hours

Venue – Offline, college premises

Participating Faculty

Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Event Summary

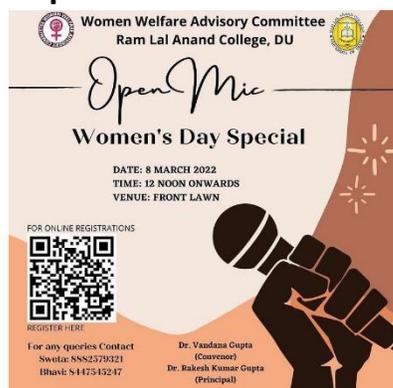
WWAC hosted an open mic- women's day special. A lot of students participated and recited poetry, write-ups, songs & anecdotes.

Appreciation of the women in our life; we set up a wall where everyone anonymously complimented the women they are grateful for. There were many contributions that made the wall shine.

Funding Received

INR 1500, from college.

Representative Pictures



Women's Day (Poster Making)

10 March 2022

Nature of the Event – Intra-College

Date and Duration – 10th March 2022

Venue – Offline, Seminar Room

Winners

Name of the Student (RLA/Non-RLA)	Position
Ananya, Microbiology	1 st
Shagun Siwach, Microbiology	2 nd

Participating Faculty

Name of the Faculty Member	Position	Society
Prof. Vandana Gupta	Convenor	Women Welfare Advisory Committee
Dr. Shruti Anand	Convenor	ASMI

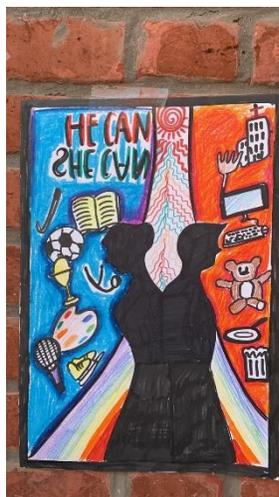
Event Summary

To continue with our events for the Women's Day, we collaborated with ASMI : The Gender Sensitization Committee and organized a Poster Making Competition on 10th March, 2022 on the theme : Gender Equality for a Sustainable Tomorrow.

Funding Received

INR 3000, from college.

Representative Pictures



Sexual Assault Awareness Month

April 2022

Nature of the Event – Intra-college

Date and Duration – April 2022

Venue – Online + Offline

Participating Faculty

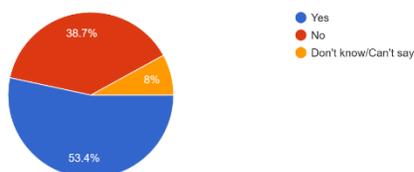
Name of the Faculty Member	RLA/Non-RLA	Department
Prof. Vandana Gupta	Ram Lal Anand College	Microbiology

Event Summary

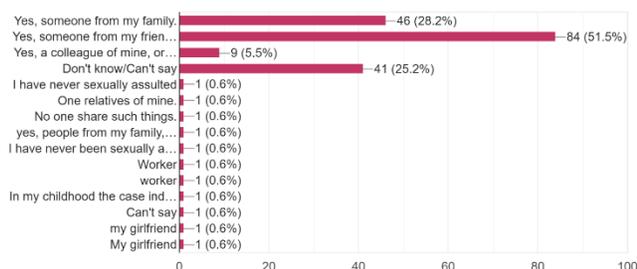
To raise awareness about sexual assault and how to deal with it, a board was decorated with all the information stuck on this board. Including that, everyone wore a teal blue ribbon on their hands to show their support to SA victims. Students were encouraged to put their thumbprints on the board to show their support to victims and their hands were painted with hashtags and logos of support for victims. It was a beautiful display of unity. Along with which we conducted a survey in which 150 plus people participated and we also received anonymous confessions. Post education people about the same were posted throughout the month.

Representative Pictures

RAINN defines sexual assault as a "sexual contact or behavior that occurs without explicit consent of the victim". On the basis of this definition, have you ever been sexually assaulted?
163 responses



On the basis of the same definition as above, has someone you know ever been sexually assaulted? (Select all that apply)
163 responses





 **WOMEN WELFARE ADVISORY COMMITTEE**
Ram Lal Anand College, DU 

APRIL IS SEXUAL ASSAULT AWARENESS MONTH



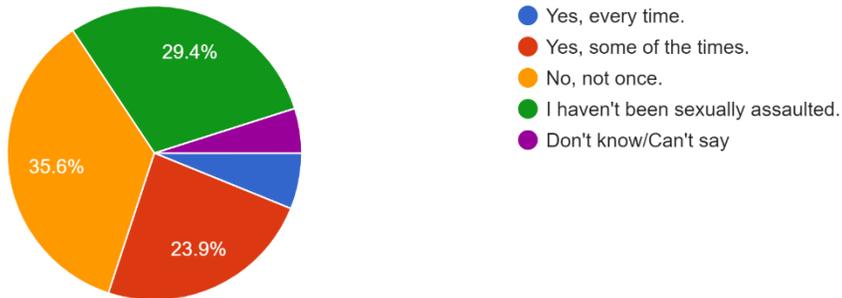
- ♥ BELIEVE SURVIVORS
- 🗨️ CHALLENGE VICTIM BLAMING
- 🛡️ RESPECT BOUNDARIES

made you feel



If you have ever been sexually assaulted, have you thought or been made to think that it was 'your' fault?

163 responses



VANDANA GUPTA (CONVENER, WOMEN WELFARE ADVISOR COMMITTEE, RLAC)