



RAM LAL ANAND COLLEGE (University of Delhi)

Faculty Details

Title	Dr.	First Name	Pardeep	Last Name	Sharma	
Designation		Assistant Professor				
Address		WZ- B 20, Krishna Park Ext. Street No. -10, New Delhi- 110018				
Phone No	Office	011-24112557				
Residence	Mobile	9911501924				
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Web-Page						
Educational Qualifications						
Degree		Institution			Year	
Ph.D.		J.J.T. university, Rajasthan			2016	
M.P.Ed.		Barkatulla University			1995 - 1997	
D.P.Ed.		University of Delhi			1994 - 1995	
B.sc. (PE,HE&S)		University of Delhi			1991 – 1994	
UGC-JRF/NET		UGC-NET			1999	
Career Profile						
Working as Assistant Professor in the Department of Physical Education, Ram Lal Anand College, University of Delhi since 2003						
Administrative Assignments						
To organize various games, sports and physical education activities.						
Areas of Interest / Specialization						
<ul style="list-style-type: none"> • JUDO • VOLLEY BALL • TABLE TENNIS • FOOT BALL • ATHLETICS 						
Subjects Taught						
HEALTH AND PHYSICAL EDUCATION ANATOMY AND PHYSIOLOGY FITNESS, WELLNESS AND NUTRITION						
Research Guidance						
Publications Profile (Books/Chapters/Research articles, etc.) (Last 10 publications)						

1. Research Paper on Personality Assessment of Elite Male Long Distance runners of India on Neuroticism, 2014
2. Research Paper on anxiety Level of Basketball Players- Pre, During and Post Competition, 2014
3. Research Paper on effect of Specific Conditioning Program on Physical Fitness Components, 2016
4. Research Paper on Specific Aerobic Training Program on Selected Health Variables among Women

Conference Organization/ Presentations (in the last three years)

1. National Conference on Role of Physical Activities & Sport in Balancing Education, 2013
2. National Conference of Sports Psychology on Exercise and Sport Psychology in 21st Century: Research and application Perspective, 2014
3. International Conference on Recent Technological Advancement & Entrepreneurship in Sports, 2016
4. National Conference on Corporate Social Responsibility: Sports, Olympism and Global Peace, 2016
5. National Seminar on Curriculum an Syllabi Design in the Paradigm of Physical education, 2016
6. National Conference on Latest Trends in Health & Physical Education, 2017

Research Projects (Major Grants/Research Collaboration)

Awards and Distinctions

Association With Professional Bodies

President – Delhi University Physical Education Teacher Association 2012-18

Other Activities

Signature of Faculty Member

